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**Amendments to the Claims:**

The following listing of claims will replace all prior versions, and listings, of claims in the application:

1-8. (Canceled)

9. (Currently Amended) A health food product consisting of cholic acid at a daily dose of 1 to 1,000 mg and at least one member selected from the group consisting of isoflavones and isoflavone glycosides at a daily ~~dose~~ of 1 to 500 mg.

10. (Previously Presented) The health food product of claim 9, wherein the isoflavones are soybean isoflavones and the isoflavone glycosides are soybean isoflavone glycosides.

11. (Currently Amended) ~~The A~~ health food product according to claim 9, further consisting of ~~a vitamin, vitamin, cholic acid at a daily dose of 1 to 1,000 mg and at least one member selected from the group consisting of isoflavones and isoflavone glycosides at a daily dose of 1 to 500 mg.~~

12. (Currently Amended) ~~The A~~ health food product according to claim 9, further consisting of ~~cholic acid at a daily dose of 1 to 1,000 mg and at least one member selected from the group consisting of isoflavones and isoflavone glycosides at a daily dose of 1 to 500 mg, and~~ at least one member selected from the group consisting of Ginseng (*Panax Ginseng* or *Ginseng Radix; Panax ginseng* C.A. Mey.), *Codonopsis Radix* (*Codonopsis pilosula* (Franch.) Nannf.), *Pseudostellariae Radix* (*Pseudostellaria heterophylla* (Mig.) Pax ex Pax et Hoffm.), American Ginseng (*Panax quinquefolium* L.), *Astragali Radix* (*Astragalus membranaceus* Bge.), *Atractylodis Rhizoma* (*Atractylodes macrocephala* Koidz. (*A. ovata* A.P.DC.)), *Dioscoreae Rhizoma* (*Dioscorea batatas* Decne.), *Glycyrrhia* (*Glycyrrhizae Radix*; *Glycyrrhiza uralensis* Fisch.), *Jujube* Fisch.)), *Jujube* Fruit (*Zizyphi Fructus*, *Zizyphus vulgaris*; *Zizyphus jujuba* Mill.), *Dulcium* (malt sugar derived from *Oryza* seed; *Saccharum*

*granorum*), *Polygonati Rhizoma* (*Polygonatum sibiricum* Red.), and *Codonopsis lanceolata* Benth. et Hock. fil.

13. (Currently Amended) ~~The A~~ health food product according to claim 9, further consisting of cholic acid at a daily dose of 1 to 1,000 mg and at least one member selected from the group consisting of isoflavones and isoflavone glycosides at a daily dose of 1 to 500 mg, and at least one member selected from the group consisting of *Crataegi Fructus* (*Crataegus pinnatifida* Bge. rar. major N.E.Br., *Crataegus pinnatifida* Bge., and *Crataegus cuneata* Sieb. et Zucc.), *Massa Medicata Fermentat*, *Raphani Semen* (*Rophanus sativus L.*), *Fructus Hordei Germinatus* (*Hordeum vulgare* Linné), *Fructus Oryzae Germinatus* (*Oryza sativa L.*), *Galli Stomachichum Corium* (*Gallus gallus domesticus* Brisson), and *Asa Foetida* (*Ferula assafoetida* Regel).

14. (Currently Amended) ~~The A~~ health food product according to claim 10, further consisting of a vitamin, cholic acid at a daily dose of 1 to 1,000 mg and at least one member selected from the group consisting of isoflavones and isoflavone glycosides at a daily dose of 1 to 500 mg, vitamin.